

Year 7 Training Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
7:50 – 8:30	Rugby Skills (HM)	Yr 7 Basketball (TM)	Yr 7 Football (SG)	Cross Country (SG)	
12:50 – 13:30	Yr 7 Football (MA)	Yr 7 Rugby (HM/SG)	Yr 7 Basketball (TM)		Yr 7 Rugby (HM/SG)
15:45 – 16:40	Year 7 Rugby (HM)				Yr 7 Basketball (TM)